

Event Summary

23 Aug, 2019

ITS Engineering College, Greater Noida had organized a session on "Mindfulness Sessions" for **B-Tech 1 year**.

The Department of Corporate Resource Center of ITS Engineering College organized this innovative session. CRC had planned a 2 hours innovative session with students from B-Tech 1 year.

The students were coached to develop mindfulness as a tool to increase their productivity. The session featured various tips and techniques to enhance mindfulness. Renowned Ted talks were shown during the session and also students were also suggested a reading list upon the topics. Around 250 students attended the session.

Mr Surinder Sood, Director PR -ITS Education Group also shared some insights with the students during the session.

Corporate Resource Center would like to extend our profound gratitude to our complete support team and students who graced this occasion. We will look forward organize some more event as planned by CRC.

The schedule plan for the event is enclosed below.

23 Aug, 2019					
Date	First Half	3PM-4PM	Second Half	4 PM-5 PM	Venue
	Key Person	Content	Key Person	Content	
23 Aug, 2019 Friday	Sonal Gupta	Mindfulness	Preeti Tiwari	Mindfulness	Raman Hall

Regards
CRC team

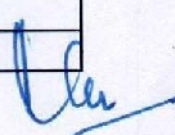
Sonal



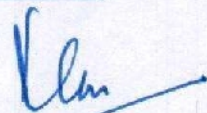
Surinder Sood
Director
ITS Engineering College
Greater Noida

Mindfulness Session

S.No	Course	Branch	Roll No.	Name of Student	Attendance
1	B.Tech	CE	1822200013	Harshit Singh[Ex]	P
2	B.Tech	CE	1822200019	Mohd Sarfaraz	P
3	B.Tech	CE	1902220000001	Aarti Verma	
4	B.Tech	CE	1902220000002	Abdullah	P
5	B.Tech	CE	1902220000003	Amber Shamsh	P
6	B.Tech	CE	1902220000005	Anil Kumar	P
7	B.Tech	CE	1902220000006	Basit Bashir Wani	P
8	B.Tech	CE	1902220000007	Dev Raj	P
9	B.Tech	CE	1902220000008	Divyansh Singh	
10	B.Tech	CE	1902220000010	Irfan Ahmad	P
11	B.Tech	CE	1902220000011	Manish Kumar	P
12	B.Tech	CE	1902220000013	Praveen Kumar Singh	P
13	B.Tech	CE	1902220000014	Priyanshu Kumar Singh	P
14	B.Tech	CE	1902220000015	Rahul Singh	
15	B.Tech	CE	1902220000016	Raj Kiran	P
16	B.Tech	CE	1902220000017	Rajnish Kumar Mishra	P
17	B.Tech	CE	1902220000018	Sagar Paswan	
18	B.Tech	CE	1902220000019	Shafia Nazir	P
19	B.Tech	CE	1902220000020	Shaurya Pratap Singh	P
20	B.Tech	CE	1902220000021	Shree Prakash	P
21	B.Tech	CE	1902220000022	Shubham Pandit	
22	B.Tech	CE	1902220000023	Sudhakar Mishra	
23	B.Tech	CE	1902220000024	Ujjwal Kumar	P
24	B.Tech	CE	1902220000025	Upendra Kumar	P
25	B.Tech	CE	2002220009001	Abdul Majid	P
26	B.Tech	CE	2002220009002	Madhav Dixit	P
27	B.Tech	CE	2002220009003	Pratyush Anand	P
28	B.Tech	CE	2002220009004	Sheetal Kumari	P
29	B.Tech	EEE	1902220210001	Abhishek Kumar	P
30	B.Tech	EEE	1902220210002	Amir Muzafar Mir	
31	B.Tech	EEE	1902220210003	Ankit Singh	P
32	B.Tech	EEE	1902220210004	Dhananjay Yadav	P
33	B.Tech	EEE	1902220210006	Imran Fayaz	
34	B.Tech	EEE	1902220210007	Manish Pandey	P
35	B.Tech	EEE	1902220210008	Mayank Sengar	P
36	B.Tech	EEE	1902220210009	Md. Sahil Ansari	P
37	B.Tech	EEE	1902220210010	Mohammad Faisal Wani	P
38	B.Tech	EEE	1902220210011	Sachin Kumar	P
39	B.Tech	EEE	1902220210012	Shivendra Singh	
40	B.Tech	EEE	1902220210013	Shubham Kumar	P
41	B.Tech	EEE	1902220210014	Sudheer Mishra	P
42	B.Tech	EEE	1902220210015	Tarish Khan	P
43	B.Tech	EEE	2002220219001	Md. Samiruddin Ansari	P


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 ITS Engineering College
 Greater Noida

S.No	Course	Branch	Roll No.	Name of Student	Attendance
44	B.Tech	ME	1902220400001	Aakash	P
45	B.Tech	ME	1902220400002	Abhimanyu Rajput	P
46	B.Tech	ME	1902220400003	Abhishek Pal	P
47	B.Tech	ME	1902220400005	Alok Kumar	
48	B.Tech	ME	1902220400006	Anurag Singh	P
49	B.Tech	ME	1902220400007	Ashirvad Pal	P
50	B.Tech	ME	1902220400008	Ashutosh Yadav	P
51	B.Tech	ME	1902220400009	Bhuvan Kumar Lodhi	
52	B.Tech	ME	1902220400011	Chandan Sharma	
53	B.Tech	ME	1902220400012	Harsh Chaurasia	P
54	B.Tech	ME	1902220400013	Jaibeer	
55	B.Tech	ME	1902220400015	Juned Khan	P
56	B.Tech	ME	1902220400016	Karn Rajput	P
57	B.Tech	ME	1902220400017	Krishna Kumar Jaiswal	
58	B.Tech	ME	1902220400018	Kritesh Mishra	P
59	B.Tech	ME	1902220400019	Lakshay Yadav	
60	B.Tech	ME	1902220400020	Manzar Iqbal	P
61	B.Tech	ME	1902220400021	Mayank Tomar	
62	B.Tech	ME	1902220400022	Md Nawaz Karim Khan	P
63	B.Tech	ME	1902220400023	Mohammad Ariz	P
64	B.Tech	ME	1902220400024	Mohd Ammar Khan	P
65	B.Tech	ME	1902220400025	Mohd Waseem	P
66	B.Tech	ME	1902220400026	Munish Singh	P
67	B.Tech	ME	1902220400027	Nidhi Sharma	P
68	B.Tech	ME	1902220400028	Praduman Kumar	P
69	B.Tech	ME	1902220400029	Prasoon Singh	
70	B.Tech	ME	1902220400030	Priyanshu Gupta	P
71	B.Tech	ME	1902220400031	Priyanshu Pal	P
72	B.Tech	ME	1902220400032	Rajkumar Shukla	
73	B.Tech	ME	1902220400033	Shivendra Kumar Singh	P
74	B.Tech	ME	1902220400034	Sohaib Ahmad	
75	B.Tech	ME	1902220400035	Suhail Saifi	P
76	B.Tech	ME	1902220400036	Suraj Vishvakarma	
77	B.Tech	ME	1902220400037	Ubaid Zahoor Ahanger	P
78	B.Tech	ME	1902220400038	Vinit Yadav	P
79	B.Tech	ME	1902220400041	Vipin Kumar	
80	B.Tech	ME	1902220400040	Vipin M.S	
81	B.Tech	ME	1902220400042	Yash Bhardwaj	P
82	B.Tech	ME	2002220409001	Aniket Kumar	P
83	B.Tech	ME	2002220409002	Jayant Singh Rajput	P
84	B.Tech	ME	2002220409003	Sachin Singh	P
85	B.Tech	ME	2002220409004	Tushar Pal	


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